



Touro College

Emergency Preparedness * Information Security * Campus Security
EP*I*C*S AWARENESS Quarterly

EXTRA! EXTRA!

This is the one year anniversary issue of EP*I*CS! To celebrate we have included a survey for you to complete to enter you into an EPICS contest. All survey answers can be found in current and past issues of EPICS and there will be ten (10) winners, each receiving one one hundred dollar(\$100) gift certificate. Full details, eligibility requirements and past issues are found on the security website at www1.touro.edu/csd/. For now, we have lots for you to page through on Information Security, EMP and Campus Security. Thank you for your comments over the past year and we hope you keep reading. As always, don't forget to let us know how helpful you found this issue by emailing enews@touro.edu and good luck with the survey contest!

Volume 2, Issue 1

September 1, 2010

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The year ahead: Information Security - P. Ciuffo

Use of technology in the form of email, social media and “smart” phones expose us to threats on a daily basis. This newsletter provides me with another communication channel to heighten your awareness to these threats and to keep that awareness level high throughout the year. This year I hope to continue to bring you perspectives from the different areas and campuses and encourage you to reach out to me, as you have done in the past, with ideas that you would like covered in EPICS so that we can keep it a newsletter that you look forward to reading each quarter. Remember that October is **Cyber Security Awareness** month and an opportunity to use EPICS past and present to keep the awareness level high throughout all campuses. **Happy Anniversary EP*I*CS!**

Vision for the year ahead: EMERGENCY PREPAREDNESS (EMP) - S. Yehudah

With our 1st anniversary issue of EPICS I am introducing a few new segments to the EMP section. Many of us are not aware of the different types of emergencies that exist for Touro campuses located in various parts of the country, such as Florida, California and Nevada. This year I have added a section that will deal with preparing for emergencies in our sister schools in these areas. I have also added an EMP Health Watch section. This section will give you the latest on local and national health concerns that have been in the news, and tips on how to keep you and your family safe. Finally there is the EMP OEM section which lists contact information for the Office of Emergency Management for each state Touro is located. This section will be updated in future editions with information such as where to sign up for emergency alerts and governmental resources for your area.

Where we are and what's to come: Campus Security - L. Perez

We have reached our one year anniversary in the production of our EPICS newsletter and with this in mind I want to take the opportunity to thank our readers and guest writers whom without their input and wonderful articles we could not have succeeded. As we move ahead we will continue to work on improving Security at all our Touro campuses. We encourage you to continue communicating your observations and thoughts to us since Security involves everyone. We are pleased to announce that our website (www1.touro.edu/csd/) is fully operational making it easier to obtain any information you may need that pertains to Security. We are in the process of commencing physical security upgrades in selected locations of our campuses. We will be focusing on Security Awareness by providing several interactive lectures and activities. Please visit our website for upcoming announcements. We look forward to another productive year of serving the needs of our Touro community.

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Information Security: October is National Cyber Security Month

October has been designated as National Cyber Security Month. It is the time of year that government, industry and education combine efforts to raise Cyber Security Awareness. There are many sites where you can go to for more information on how to protect yourself, students, and loved ones online and these are a few I recommend (copy the link and paste it directly into your web browser):

- **Stay Safe Online**—this site has tips for students, faculty and staff on gaming, social media, internet safety and mobile computing safety — <http://www.staysafeonline.org/content/higher-education>
- **The Whitehouse website** provides information from our president on cyber security and in case you missed his last address on the subject, it is here: <http://www.whitehouse.gov/blog/Protecting-yourself-online/>
- **The Federal Trade Commission** provides many resources for consumers including: <http://www.ftc.gov/bcp/edu/pubs/consumer/tech/tec10.shtm>.

And, a few contests where you can participate and make some extra cash :

- <http://www.hackiswack.com/> - “Snoop Dog” the rapper and Norton anti-virus software have teamed up to present this anti-cybercrime rap video contest. Do you have the rap in you?
- <http://www.educause.edu/SecurityVideoContest2011>- Higher Education Information Security Council contest.

- P. Ciuffo

Information Security: Peer to Peer File Sharing

Touro respects the intellectual property rights of others and expects students, faculty, and staff to do so as well. It is the responsibility of all members of the Touro community to make a good faith determination that their use of copyrighted materials complies with the United States Copyright Law and Touro Policies.

Proper use of copyright materials also extends to electronic resources available on the internet. Anyone using Touro’s computing and network resources consents to Touro’s Acceptable Use Policy, Terms of Use and Disclaimer (which may be amended from time to time). The Acceptable Use Policy outlines the responsible use of all Touro computing and network resources; it states that users are expected to abide by guidelines, including: Respect the intellectual property rights of others. Making **unauthorized** copies of licensed software or copyrighted material is **prohibited**. Persons who violate the **Acceptable Use Policy** or other Touro policies regarding the use of copyrighted materials may be subject to revocation or limitation of their computer and network privileges, other disciplinary actions, or may be referred to appropriate external authorities.

Under federal law, a person found to have infringed upon a copyrighted work may be subject to an injunction as well as liable for legal fees, court costs, actual damages and lost profits attributable to the infringement, and statutory damages. Damages can be increased if the infringement was “willful.” Finally, infringement also may carry **criminal penalties** if that avenue is pursued.

There are many on-line sources that give **legal access to copyrighted music and video**.

- **EDUCAUSE**, an association of colleges and universities, maintains a list of legal media sources: <http://www.educause.edu/Resources/Browse/LegalDownloading/33381>
- The Recording Industry Association of America (**RIAA**) provides a list of legal music sources: http://www.riaa.com/toolsforparents.php?content_selector=legal_music_sites
- The Motion Picture Association of America (**MPAA**) provides a similar list of video sources: http://www.mpaa.org/piracy_LegalOpt.asp

All members of the Touro community are responsible for observing all Touro policies. Failure to show respect for duly established laws or Touro policy is a violation of the **Touro Code of Conduct**. Avoid the hassle and don’t engage in illicit activity. It is simply not worth it. **As a student, faculty or staff our responsibility is to education – not litigation.**

- M. Newman, General Counsel

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Information Security: Copyright: Thoughts on the Amendments to the HEOA and Librarian of Congress Rulemaking on DMCA Exceptions

Part of being a member of an academic community is respecting the intellectual creations of others – whether it is a scholarly breakthrough or a popular song. This essentially means two things: 1) always citing your source when you use the words or concepts of another and; 2) not copying more than is permitted by copyright law, even if you provide a citation. In keeping with these academic norms the recent amendments to the **Higher Education Opportunity Act** require institutions of higher learning to proactively educate their students about the **laws governing copyright infringement** (and the legal and academic penalties that can be imposed if they are violated) in order for their students to be eligible for Title IV funding. What prompted these amendments was not a greater concern for academic integrity but pressure from the music industry that viewed colleges as hotbeds of **illegal music downloads** and sharing through peer-to-peer networks. The industry probably hoped that the requirement to provide access to legal download sites could encourage colleges to contract with bulk music suppliers rather than list free legal sites and places where music can be purchased. Nonetheless the law is valuable in making sure all students are familiar with copyright. These educational efforts should include the exceptions to exclusive rights of copyright holders, with a focus on fair use, even though this is not a requirement of the Act. **Fair Use**, which is often described as an **equitable rule of reason**, calls for balancing four factors to determine if a use is fair, the **type** of work (factual, fiction, poetry, etc.) the **amount taken** in proportion to the entire work, the **purpose** of the use, and the **financial impact** on the copyright holder. No one factor is by itself determinate of fair use – this includes educational use. A fair use analysis is an excellent means of developing or applying critical thinking skills.

Students and faculty should also be made aware of the new ruling by the Copyright Office that permits the breaking of encryption for six classes of work, two of which are important to education: (1) Motion pictures on DVDs when circumvention is accomplished solely in order to accomplish the incorporation of short portions of motion pictures into new works for the purpose of criticism or comment for, including educational uses by college and university professors and by college and university film and media studies students, Documentary filmmaking and Noncommercial videos; and 2) Literary works distributed in ebook format when all existing ebook editions of the work (including digital text editions made available by authorized entities) contain access controls that prevent the enabling either of the book’s read-aloud function or of screen readers that render the text into a specialized format.

These new ruling together can be seen as perhaps a step toward a more balanced view of copyright. One that encourages new works while providing a pathway for others to build upon previous works, following in the tradition of Shakespeare who built upon Plautus and Lenoard Bernstein who built upon Shakespeare.

- Shelly Warwick, Ph.D. Director of Library Services Touro-Harlem Medical Library

RING RING ALERT RING RING RING RING ALERT RING RING

Periodically throughout the year we alert the recipient to click on a link and go to a word via an email . We are now also seen used as the social engineering tool. Re-Services groups would never call you up that a service or product used by Touro is expiring and requires you to go to a specific web page to renew it. The same precautions you take with email should also be second nature to you with telephone calls. Don’t fall for the scam!



you to email scams where the email requests web site and/or to provide a user ID and passing an uptick in scams involving the telephone member, just like your email, your IT Support and ask you to download software or tell you to email scams where the email requests web site and/or to provide a user ID and passing an uptick in scams involving the telephone member, just like your email, your IT Support and ask you to download software or tell you

- M. Kupfer / P. Ciuffo

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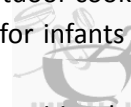
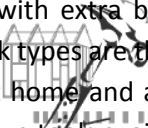

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Emergency Preparedness : Earthquake Prep - A few tips and suggestions

I am sure you have all heard about the earthquake disasters that have occurred around the world; the question to ask yourselves is, “^{are you ready} ~~are you ready~~ ?” What would be different if a 7.2 magnitude earthquake occurred at 8:30am on a busy, traffic-congested Monday morning, impacting an entire city with many heavily populated buildings involved? Below are a few suggestions in case the “Big One” hits near you.

The first 72 hours after an earthquake are the most critical. Electricity, gas, water and telephones may not be working. Additionally, public safety services such as police and fire departments will be busy handling serious crises. You should be prepared to be self-sufficient and able to live without running water, electricity and/or gas, and telephones for a minimum of 3 days (a better plan would be for a minimum of 7 days or more) following a quake.

- **FOOD:** Have enough food on hand to last 72 hours, preferably one week.
- **WATER:** Keep enough water so that each person has a gallon a day for 72 hours, preferably for one week. Store water in airtight containers and replace them every six months. Store disinfectants such as iodine tablets or chlorine bleach, (eight drops per gallon) to purify water if necessary (I store my water in the freezer; this way I can keep food cold and have water too).
- **FIRST AID KIT:** A little bit of everything, bandages antiseptic, thermal blanket, etc. 
- **FLASHLIGHT W/BATTERIES:** A better choice is to have a radio with a hand crank or solar panel to generate power for the radio or light source. 
- **PORTABLE RADIO W/EXTRA BATTERIES**
- **EXTRA BLANKETS, CLOTHING, SHOES, MONEY and LEGAL DOCUMENTS**
- **ALTERNATE COOKING SOURCES:** Store a barbecue or camping stove for outdoor cooking.
- **SPECIAL ITEMS:** Have at least a week’s supply of medications and food for infants and those with special needs. Don’t forget food for your pets. 
- **EARTHQUAKE KIT FOR YOUR CAR:** This kit should include food such as nutrition bars, water, flashlight with extra batteries, a thermal blanket and an emergency radio and matches. The hand-crank types are the best so you do not need extra batteries. 
- **TOOLS:** At home and at work you should know where the gas, water and electricity shut-offs are and have tools available to operate them.
- **PETS:** Don’t forget your faithful pets. Review basic life safety tips for pets and make sure they have proper ID tags in case they are lost. 

It is also a good idea to keep certain items in your bedroom. Keep a flashlight and a pair of sturdy shoes within reach of everyone’s bed. Place all items in a drawstring bag tied to a bedpost, to keep the items you will need in case you have to leave quickly. If you wear glasses, consider leaving an extra pair of glasses in the bag. Finally, have a small crow bar available to use should your bedroom door become jammed. 

Check your homes and offices for items that should be anchored to prevent injury or damage. For example, dressers, armoires, bookshelves, entertainment centers, filing cabinets and more. Consider using Quake hold straps, fasteners, and putty to keep heavy items in place.

- J. Ritchie, Touro University

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EMP Health Watch: Bed Bugs be Gone

It's hard to believe, but some of our fanciest department stores and clothing boutiques have been hit hard with bed bugs. It's getting tough to even go to the movies. While New York may have the biggest problem, we are not alone. According to government health officials, there has been a **surge** of bed bug infestation across the country. Below are a few tips on how to prevent infestation of the pesky creatures, and what to do if you get caught by them. If you think you may have bed bugs in your Touro location, please contact your local Facilities Department: **NY 212-463-0400 x5271; Vallejo 707-638-5800; Los Angeles 323-822-9700 x85153; Nevada 702-777-1828; Florida 305-535-1066 x55103.** Facilities personnel will contact their local pest control vendor to treat the infestation.



Anyone can get bed bugs in their home; if you travel or shop, you are at risk of picking them up on your clothing. Many people with bed bugs are unaware of their presence because the bugs are secretive by nature and many people do not develop visible bite symptoms. Additionally, people often confuse the bites for mosquito or flea bites. These tiny bugs are visible to the human eye but only if you know where to look and what to look for. What they look like depends partly on their life stage and whether they've just fed. The adults are about the size of an apple seed, while the young bugs (called nymphs) can be the size of a speck of dirt. **Unfed bedbugs are light-colored, and a bug that has fed will be red, rust or brown in color.** They also hide well and may be hiding in places you do not think anything could get into.



So how do we avoid bed bugs? While there are no guarantees, considering how much we travel, there are certain places and practices we can be more careful about.

Public Waiting Areas – Avoid sitting on porous benches and chairs, such as those made of **wood or covered in fabric.** Bed bugs love porous material and they are difficult to see when they burrow into wood or fabric. Seating made from non-porous materials, such as plastics and resins, are not a problem however watch out for **damaged or cracked** seating. The material underneath the non-porous surface may be porous and the bugs will crawl in through the cracks.



Shopping – Several high end stores have found they have bed bugs. Exposed clothing on lower shelves are definite targets of the little buggers (clothing wrapped in plastic is fine as long as it is sealed, but you should check to make sure). It's a good idea to place your clothing in a dryer for 20 minutes prior to wearing them. Dry heat for 20 minutes will kill bed bugs. I put my clothing in the dryer before taking any tags off. This way I can still return them if necessary. Items that must be dry **cleaned can be taken** to the cleaners prior to wearing them; ask them to dry treat them before the usual cleaning process. If you like to try on clothing before purchasing them, you may want to consider changing this routine.



Movie Theatres – When I heard that the AMC theatre on 42nd Street had a bed bug problem I decided I was never going to the movies again. Then I thought about the Imax theatre on 68th Street and Broadway (which I love) and figured I should try another solution. When going to the movies, **take a large plastic bag** with you. Any brand is fine as long as it's big enough to cover the seat you will be sitting in. Remember to cover the top part of the seat as well as the bottom.



Vacation – Bed bugs are ruining vacations worldwide, and have been found even in 5-star hotels. There are many bed bug travel products on the market. You can buy anything from a bed bug proof luggage liner to an anti-bed bug travel pillowcase.

Here are some good anti-bedbug travel tips

- Check bed bug reviews of hotels online
- Ask your **hotel** if they use bed bug free mattress encasements
- Use bed bug free luggage liners when you pack
- When in the **hotel**, try not to leave any luggage or clothes on the floor so that bed bugs can't climb into your belongings.



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EMP: Bed Bugs be Gone (continued)

- Check **behind headboards**, picture frames and electrical outlets for signs of bed bug activity.

If you think you have bed bugs do not try to treat them yourself. Contact a Pest Control Operator (PCO) to treat your home. Once you get a PCO treating your place, don't expect this problem will be solved overnight. If your PCO treats your home and you are **still being bitten**, do not assume you have a bad PCO. It is normal to have another treatment within 10-14 days after the first one. You should **insist your PCO repeat treatment** every 2 weeks until you feel no more bites and see no live bugs. Check out the web site www.bedbuginfo.com for more information and solutions. **Sleep tight and don't let the bed bugs bite!**

- S. Yehudah

EMP Health Watch: The incredible (not so edible) EGG

If you haven't heard about the current problem with eggs and salmonella poisoning, here is your opportunity to get up to speed. The Food and Drug Administration (FDA) is currently overseeing a massive recall of, to date, over 300 million eggs due to salmonella poisoning. The infected eggs are all produced by Wright County Egg, located in Galt, Iowa, but they are sold in retail stores under a variety of brand names. This recall is of shell eggs only, not other egg products produced by Wright County Eggs. There is a company press release on the FDA website, www.fda.gov, which tells consumers who may have purchased contaminated eggs to return them to the store where they were purchased for a full refund.

The brand names that are under recall are: **Albertson, Boomsma's, Dutch Farms, Farm Fresh, Hillendale, Kemps, Lucerne, Lund, Mountain Dairy, Ralph's, Shoreland, Sunshine and Trafficanda**. The eggs are packed in various sized cartons, and contaminated eggs can be found in 6-egg cartons, 12-egg cartons and 18-egg cartons, with **Julian dates ranging from 136 to 225**. The processing plants they come from are **plant numbers P-1026, P-1413 and P-1946**. In order to identify if your eggs fall within these ranges, the dates and codes can be found stamped on the end of the egg carton. The plant number begins with the letter 'P' followed by the number, with the Julian date following the plant number. For example, eggs in a carton marked P-1946 223 under any of the above brand names should not be eaten.

Salmonella is most often contracted by eating raw or undercooked meat, poultry or eggs. If you would like more complete information on this subject go to the CBS news web site at www.cbsnews.com.

- S. Yehudah

EMP: Emergency Notifications

New York City has a program to get real time knowledge about emergencies occurring across New York City. It is called Notify NYC and you can get detailed emergency information on up to five NYC zip codes. Please go to www.nyc.gov/notifynyc.

The state of Nevada has a program that residents can sign up to get emergency information. It is called City Watch Emergency Notification System. Please go to www.mynevadacounty.com to register your telephone number for this service.

- S. Yehudah

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EMP: OEM WATCH

Do You Know How to Contact Your OEM?

Every state and city across the country has an Office of Emergency Management (OEM). OEMs around the country do their best to prepare their cities and states for emergencies by providing contingency planning, coordination of emergency response and recovery, educating and informing residents on how to prepare for all types of emergencies, and providing timely messages to the public. Many states and cities have alert programs that you can join to stay on top of situations in your area. Below is a list of OEM information for all Touro locations. This section will be updated as new programs are added by a particular region's OEM.

New York and the Metropolitan Area

New York City Office of Emergency Mgmt
165 Cadman Plaza East, Brooklyn, NY 11201
(718) 422-4888

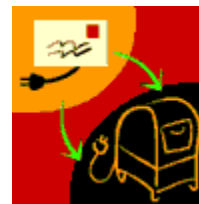
California (Solano County)

Solano County Office of Emergency Services
530 Clay Street, Fairfield, CA 94533
(707) 784-1600



California (Los Angeles County)

Los Angeles County of Emergency Services Management
1275 N. Eastern Avenue
Los Angeles, CA 90063
(323) 980-2261



Nevada

Nevada Office of Emergency Services
10014 North Bloomfield Road
Nevada City, NV 95959
(530) 265-7000
oes@co.nevada.ca.us

Florida

Miami-Dade Department of Emergency Mgmt
9300 NW 41st Street
Miami, FL 33178
(305) 468-5400
eoc@miamidadegov

- S. Yehudah

Campus Security : Hate Crimes

In September we commemorate National Campus Safety Month. For this issue we have selected a few topics which during the past several months in some form or another we have read or heard about in the news and have even experienced during our normal day to day routine.

What is a Hate Crime?

A person commits a hate crime when he/she, by reason of actual or perceived

- Race, - Gender, - Religion, - Age, - Sexual Orientation,
- Ancestry, - Color, - National Origin, - Physical or Mental disability,

commits a crime toward another individual.

Depending upon the state which you reside in, the categories and punishment are expanded for the crime committed.

If you are a victim of a **hate** or biased related crime or if you observed an incident immediately report the incident to Campus Security. Reporting **hate** crimes, even those you feel might not be serious, is important to putting a stop to future incidents. *(continued on page 8)*

GO to www1.touro.edu/csd/ to take the survey and be entered in to win \$100.
GO to www1.touro.edu/csd/ to take the survey and be entered in to win \$100.

1. Only current Touro students, faculty or administrative staff are eligible to enter the contest.
2. All survey questions must be answered completely and correctly. Incomplete and incorrect surveys will not qualify for entry.
3. Limit one (1) entry per person.
4. All entries must include a current Touro email address and must include the school state (NY, NV, FL, CA) from which the individual is entering.
5. All survey answers can be found in current and past issues of EPICS. Past issues of the EPICS can be found on the Security website, www1.touro.edu/csd/
6. If you are notified that you have won, you must present a valid, current Touro ID to claim your



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Campus Security : Hate Crimes

If medical assistance is required call 911 immediately. Any physical evidence related to a hate crime should not be touched or disturbed. There are serious penalties for a commission of a **hate crime**. A felony charge is common for these types of crime. Disciplinary action via the College disciplinary action procedure will be imposed as well if the crime is committed on our campus.

How Can We Help Stop the Hate?

- Respect one another, including the individual's right to have opinions and thoughts that may be different from yours.
- Think before you say something and then wish you had not. Consider the fact that your words or actions may hurt someone.
- Participate in programs and activities that are active in building a hate free community.
- Increase your knowledge about yourself and others while expanding your diversity skills.
- Listen to what others are saying. If you don't understand, ask questions.
- Be sensitive to the feelings of others.
- If someone shares private information with you keep it private and confidential. - L. Perez

Campus Security : Drugs and Alcohol Awareness

Of the many types of drugs, below are the types most often abused:

- **Anti-Anxiety Drugs** - used to feel calm and sleepy, with less tension and anxiety or panic. Has the potential for addiction, and very dangerous when used with alcohol, pain medication or even over the counter medication. (Examples: Benzodiazepines such as Xanax, Librium Ativan).
- **Study Drugs (Stimulants)** – When used occasionally you may feel alert, focused and aware. These drugs can make your blood pressure and heart rate go up and has a high potential for addiction, paranoia, sleep deprivation and psychotic episodes. They are most dangerous when used with over the counter medication and certain asthma medications. These drugs are commonly known as Ritalin, Concerta, Adderall, Focalin and Dexedrine.
- **Over the Counter Medications ("OTC's")** - This category includes a wide variety of substances. They are cheap, widely available and legal without a prescription. When used they may make you feel euphoric or disconnected. You may also experience dizziness, palpitations, or worse. These drugs are very dangerous when used with other medications. (Examples: Dextromethorphan, Coricidin Cough and Cold, Robitussin DM, Drimoral, caffeine pills, Sudafed, diet pills, vitamin supplements and even some herbal remedies).
- **Anti-Depressants** - These types of drugs take time to take effect and work by making you unbalanced with the chemicals in your brain and cause emotional disturbances and there is a risk of withdrawal with use. These drugs are dangerous when combined with alcohol. (Examples: Prozac, Zoloft, Paxil, Celexa).
- **Pain Killers** - A prescription is usually needed however commonly found in homes where patients with terminal pain are being treated. These drugs are in the same family as heroin and are highly addictive and can lead to an overdose. (Examples: Oxycotin, Percodan, Percocet, Morphine).

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GO to www1.touro.edu/csd/ to see official rules for Winner Selection

The EPICS Contest winners will be selected by random drawing the week of November 20, 2010. The winner selection will be observed by a member of our legal services team.

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Campus Security : Drugs and Alcohol Awareness (continued)

Date Rape Drugs—There are many, including:

- **Rohypnol** - Known as the date rape drug or the forget pill it causes partial amnesia. The effects of Rohypnol appear 15 to 20 minutes after administration and last approximately four to six hours. Some residual effects can be found 12 hours or more after administration.
- **Ecstasy** - Produces feelings of increased energy, euphoria, emotional warmth, and distortions in time, perception, and tactile experiences. It is also referred to as "E" or "X".
- **Ketamine** – Can cause dream-like states and hallucinations. Effects of ketamine can last an hour but the drug can still affect the body for up to 24 hours. It is also known as "Special K".
- **GHB** - Induces a state of relaxation. This "designer" drug is often used in combination with other drugs. The effects can be felt within 5 to 20 minutes after ingestion and the high can last up to four hours.

How to Protect Yourself?

- Avoid drinking beverages from punch bowls.
- Don't put your drink down. If your drink is out of sight, even for a few minutes, don't finish it - get a new one.
- Don't accept drinks from anyone you do not know. Watch the bartender as he/she prepares your drink.
- Make arrangements with your friends to watch over each other.
- If you think you may have been given drugs immediately go to the emergency room and request a urine screening test. After 72 hours of ingestion depending on the dosage evidence/traces of any drugs may disappear.
- Keep your personal information to your self and Keep your medication in a safe place where only you can access it.
- If you are approached by someone that wants to share your medication tell them that you don't want to deal with the consequences of possible allergic reactions or negative effects.
- Politely tell them you only have one dose for your usage as prescribed.
- Just say no.



When to Intervene

- If something doesn't seem right don't wait call 911 first. Try to get as much information as possible so that you can inform the 911 operator (i.e. what the person took, what he/she was drinking).
- Do not wait for all the symptoms to be present.
- Know that the person who has passed out may die.
- Don't be afraid to call 911. You may be saving a person's life. Be honest with the EMT, even if you feel like someone including yourself may get in trouble.
- You can also call the National Poison Control hotline at 1-800 222-1222.

911

If someone you know needs assistance with a treatment program call, 10-800-662-help. - L. Perez

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TOURO EMERGENCY HOTLINE 24 HOURS A DAY 7 DAYS A WEEK 1-88-TOURO911